

## VCCL Results - Glenn Sullivan

Member number: 280

Races: 39; Wins: 2 (5.1%); Top Ten: 16 (41.0%)

Active from 2018 to 2022

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km	Rate
15/04/2018	Jells Park Sealed Handicap	15	6.5	24:55	18	3:35		21:20	2:09		3:50
28/04/2018	parkrun	7	5	19:00	19	2:55	0:40	15:25	1:20		3:48
12/05/2018	parkrun	7	5	18:35	20	3:00	0:40	14:55	1:29		3:43
20/05/2018	Rendina Classic Handicap	5	8	30:15	20	5:00		25:15	0:42		3:47
02/06/2018	parkrun	16	5	19:18	20	3:00	0:30	15:48	1:44		3:52
10/06/2018	Caruana Classic Handicap	17	8	30:57	20	5:00		25:57	1:53		3:52
23/06/2018	parkrun	5	5	18:38	22	3:20	0:40	14:38	0:38		3:44
15/07/2018	Braeside Handicap	3	10	38:22	21	6:25		31:57	1:10		3:50
28/07/2018	parkrun	9	5	18:40	22	3:20	0:40	14:40	0:47		3:44
11/08/2018	parkrun	12	5	19:49	23	3:30	0:40	15:39	1:23		3:58
18/08/2018	parkrun	1	5	18:40	24	3:40	0:50	14:10	0:00		3:44
25/08/2018	parkrun	13	5	20:19	22	3:20	0:40	16:19	2:25		4:04
08/09/2018	parkrun	6	5	18:36	22	3:20	0:40	14:36	0:25		3:43
23/09/2018	Westerfold Park Handicap	10	3	11:10	22	2:05		9:05	0:32		3:43
12/05/2019	Jells Park Sealed Handicap	5	6.5	24:23	22	4:25		19:58	0:51		3:45
18/05/2019	parkrun	16	5	19:41	22	3:20	0:09	16:12	1:33		3:56
08/06/2019	parkrun	1	5	18:43	22	3:20	0:45	14:38	0:00		3:45
03/08/2019	parkrun	12	5	19:29	20	3:00	0:36	15:53	1:33		3:54
17/08/2019	parkrun	12	5	18:29	20	3:00	0:00	15:29	0:48		3:42
31/08/2019	parkrun	11	5	19:06	20	3:00	0:18	15:48	1:17		3:49
14/09/2019	parkrun	13	5	19:58	20	3:00	0:18	16:40	2:21		4:00
28/09/2019	parkrun	10	5	19:06	21	3:10	0:15	15:41	0:54		3:49
24/04/2021	Jells Park Sealed Handicap	8	5	20:57	21	3:10		17:47	2:32		4:11
01/05/2021	AV Cross Country Relays	21	6	26:38	21	3:55		22:43	3:56		4:26
08/05/2021	parkrun	16	5	21:30	22	3:20	0:51	17:19	2:58		4:18
15/05/2021	parkrun	11	5	22:12	22	3:20	0:51	18:01	2:46		4:26
22/05/2021	AV Cross Country	14	8	37:37	23	5:45		31:52	5:56		4:42
26/06/2021	parkrun	8	5	21:12	23	3:30	0:13	17:29	2:41		4:14
03/07/2021	parkrun	16	5	21:13	23	3:30	0:13	17:30	3:01		4:15
10/07/2021	AV Cross Country	9	12	54:59	24	9:00		45:59	6:28		4:35
30/04/2022	parkrun	16	5	24:41	24	3:40	0:30	20:31	5:19		4:56
14/05/2022	parkrun	13	5	23:19	25	3:45	0:30	19:04	3:26		4:40
04/06/2022	parkrun	14	5	23:38	25	3:45	0:13	19:40	4:22		4:44
02/07/2022	parkrun	16	5	22:40	26	3:55	0:13	18:32	4:27		4:32
30/07/2022	parkrun	19	5	23:47	26	3:55	0:13	19:39	4:42		4:45
13/08/2022	parkrun	14	5	22:58	27	4:05	0:13	18:40	3:35		4:36
27/08/2022	parkrun	13	5	31:17	27	4:05	0:13	26:59	13:20		6:15
10/09/2022	parkrun	9	5	33:47	28	4:15	0:13	29:19	12:18		6:45
24/09/2022	parkrun	19	5	35:06	27	4:05	0:13	30:48	15:29		7:01